



Build Your Own Health Coach Success Framework

#002

Every business needs a solid foundation to be successful in the long-run and a health coaching career is no different...

The problem is that unless you know what to look for and where to start developing one can be tricky...

That's why on today's Integrative [#HealthCoachSuccess](#) podcast Dr. Cabral is going to share with you the exact method for how to build your own health coach success framework - Enjoy the show!

Listen or Watch At:
[IHP.Coach/002](#)

EPISODE TAKEAWAYS

1

Define Your Purpose

Every day won't be all rainbows and sunshine... You're going to need a strong purpose and passion to become your very best for you and your clients!

2

At Your Service

Who is your ideal audience? What do they need from you? How will you deliver it?

3

Expansion

Stay focused in the present, but don't forget to dream BIG and visualize where you're headed in the industry - plan ahead.



**INTEGRATIVE
HEALTH
PRACTITIONER**

DR. CABRAL'S MOST POPULAR RESOURCES



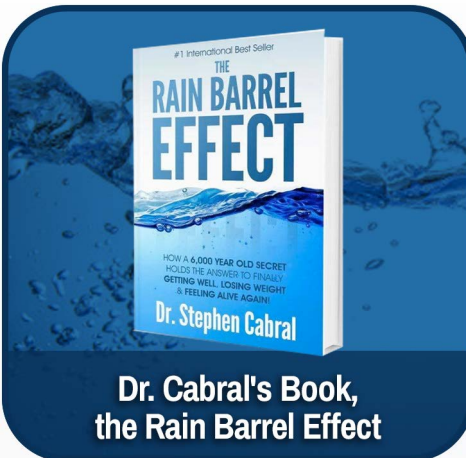
Learn More About
IHP Level 1



Learn More About
IHP Level 2



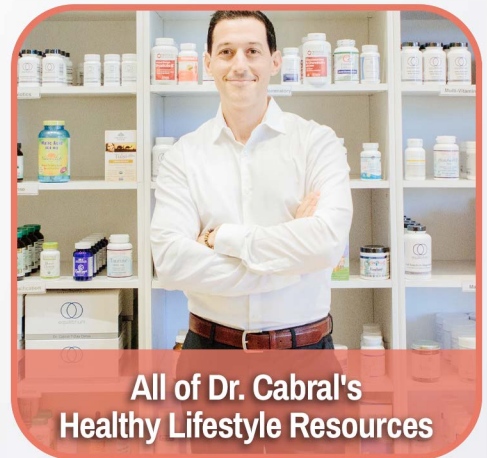
Learn More About
IHP Mastery



Dr. Cabral's Book,
the Rain Barrel Effect



Learn to Heal with
Health Results Accelerators™



All of Dr. Cabral's
Healthy Lifestyle Resources

Would You Take 30 Seconds to Rate & Review Integrative Health Coach Success?

The best way to help me spread our mission of true natural health is to pass on the good word, and I read and appreciate every review!

1. Click link: <https://podcasts.apple.com/us/podcast/health-coach-success/id1556767230>
2. Click "View in iTunes" button
3. Click "Subscribe" button
4. Click "Ratings and Reviews" text
5. Click to rate and leave short review and you're done!

Thank you again and every review gets entered in my monthly contest to win great prizes!

