



#004

The 1 Page Business Plan for Coaches

Being a great health coach alone is not enough to succeed in this industry...

In order to create the practice of your dreams, you need to know how to execute a plan that has been pre-developed to lead you to the destination you ultimately want to arrive at...

Without this plan, you will not know where to find clients, how much to charge, and what systems you need in order to deliver on your promises...

That's why on Integrative [#HealthCoachSuccess](#) podcast episode 004 - I would like to take you through how to create the perfect one-page business plan for coaches - Enjoy the show!

Listen or Watch At:

IHP.Coach/004

EPISODE TAKEAWAYS

1

Where Will You Be Working?

You'll need to decide well in advance if you'll be seeing clients in person, at their home or office, or virtually over video?

2

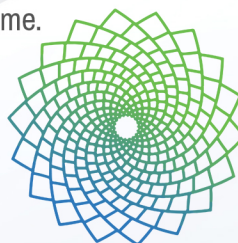
Delivering On Your Promise

How will you wow your clients beyond just your knowledge? Answering this question will enable you to decide on what type of systems and tech you will need to implement.

3

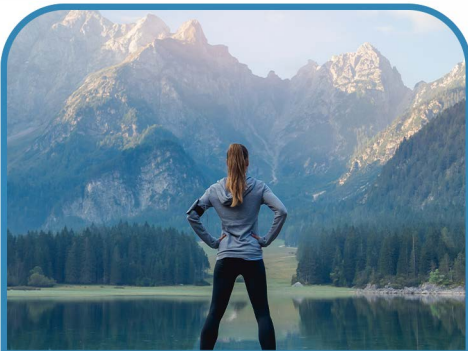
Income Potential

You should decide BEFORE you create your company what you would like to earn for a living whether that be full or part-time.



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HEALTH
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DR. CABRAL'S MOST POPULAR RESOURCES



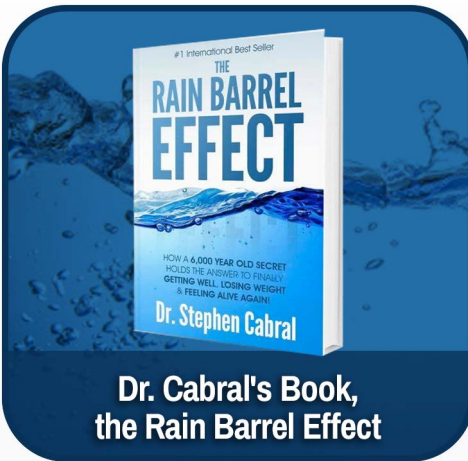
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IHP Level 1



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IHP Level 2



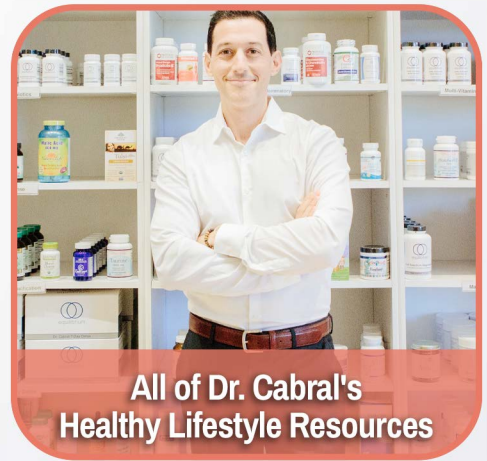
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Dr. Cabral's Book,
the Rain Barrel Effect



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All of Dr. Cabral's
Healthy Lifestyle Resources

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