Integrative HEALTH COACH SUCCESS

By Dr. Stephen Cabral

#020

Save Yourself the Stress + Hours Per Day With Digital Client Filing

If you're looking to get back 1-2 hours per day in stress, headaches, and searching for lost client paperwork here is the solution…

It has to do with putting systems in place that will allow you to access any of your client's nutrition, workouts, wellness plans, or labs in seconds…

Plus, it costs almost nothing to sign up for and will have you acting and feeling like a professional operation in no time…

Tune into today's Integrative Health Coach Success podcast 020 for all the details - Enjoy the show!

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IHP.Coach/020

EPISODE TAKEAWAYS

1   **Know Your Forms**
Every operation needs to know the 3-5 forms every client should have filled out in order to protect you from liability and your clients to get the best experience possible.

2   **Digital Cloud Storage**
You're most likely using some type of cloud data storage now. Just set one up for your business and organize it based on today's filing system.
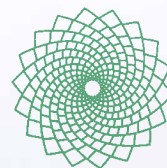
3   **Save as PDFs**
The issue with saving documents as .doc, .xls, .pages, etc. is that they may not always format correctly on mobile or other devices. Always export and save as a PDF for easy viewing across all devices.
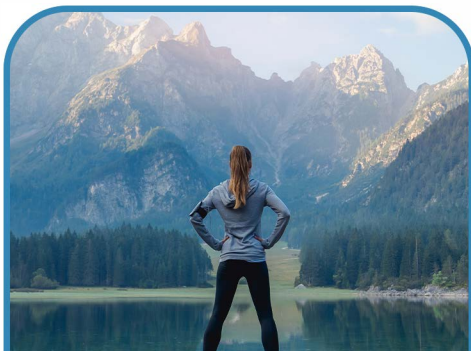
RESOURCES

TurboScan on App Store

DropBox (Look for HIPAA compliance as needed)

Dr. Cabral's Online Health Questionnaire

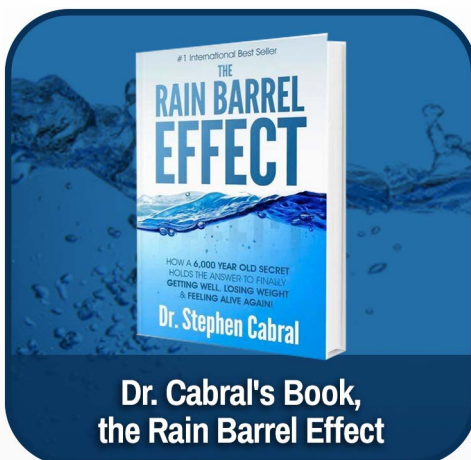**INTEGRATIVE HEALTH PRACTITIONER**

DR. CABRAL'S
MOST POPULAR RESOURCES

**Learn More About
IHP Level 1**

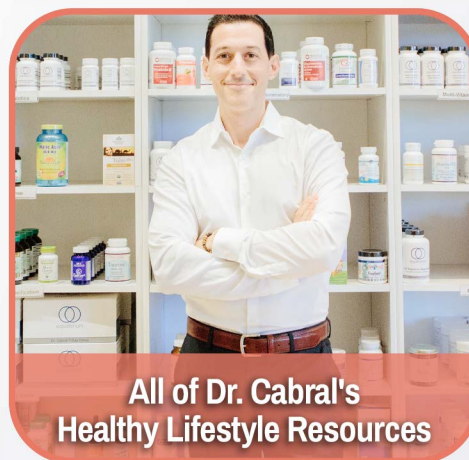**Learn More About
IHP Level 2**

**Learn More About
IHP Mastery**

**Dr. Cabral's Book,
the Rain Barrel Effect**

**Learn to Heal with
Health Results Accelerators™**

**All of Dr. Cabral's
Healthy Lifestyle Resources**

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pass on the good word, and I read and appreciate every review!

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